

# Supporting Newcomers Experiencing Domestic Violence & Mental Health Needs

Newcomers may experience migration stress, isolation, and domestic or gender-based violence, affecting their mental health and safety. Equipping service providers with knowledge on offering support with evidence-informed, culturally responsive, trauma and violence-informed approaches can significantly change their journey towards healing. This document provide sources of knowledge and evidence on newcomer GBV.



## Access Alliance Multicultural Health and Community Services

Access Alliance provides accessible, community-governed, inter-professional primary health care services, including health promotion, illness prevention and treatment, chronic disease management, and individual and community capacity building. <https://ocasi.org/gender-based-violence>



## OCASI: GBV Resources for Immigrant & Refugee Communities

This resource provides settlement workers, DV services, and community organizations with GBV training modules, safety-planning tools, tech-violence resources, and anti-oppressive practice guidance. It strengthens their capacity to deliver culturally grounded, trauma-informed support to newcomer survivors. <https://ocasi.org/gender-based-violence>



## Knowledge Hub

This resource supports GBV research, evaluation, and practice, providing key resources such as research summaries, practice guides, webinars, and evaluation tools. It strengthens evidence-informed, collaborative, and culturally responsive responses to GBV and facilitates the Public Health Agency of Canada's Community of Practice.

<https://www.kh-cdc.ca/en/home.html>



## CAMH: Immigrant & Refugee Mental Health Project

This resource supports settlement workers, mental health providers, and frontline practitioners by offering culturally adapted information, trauma-informed tools, and DV-related mental health guidance. It enhances their capacity to recognize and respond to newcomer mental health and trauma needs. <https://www.camh.ca/en/professionals/professionals-projects/immigrant-and-refugee-mental-health-project/courses>



## GBV Settlement Sector Strategy Project

This resource supports settlement and anti-violence sectors with resources like the Bridges to Safety course, webinars, and the GBV Settlement Sector Strategy. It strengthens coordinated, evidence-informed, and collaborative responses to GBV for newcomers, immigrants, and refugees. <https://www.ngbv.ca/>