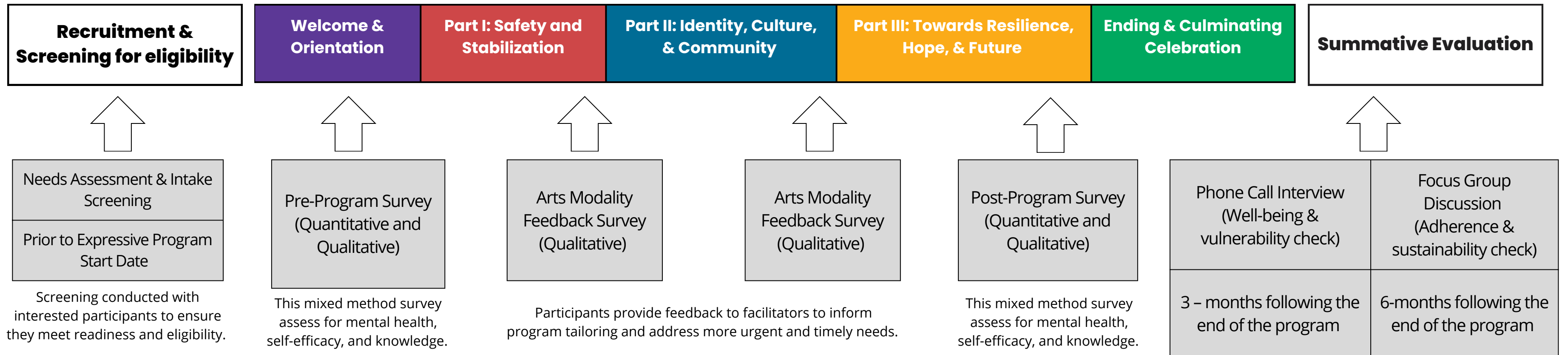


HEAL Program and Evaluation Diagram

The HEAL Project—Hubs of Expressive Arts for Life, funded by the Public Health Agency of Canada (PHAC), is a multi-year initiative running from April 2022 to March 2026. The project aims to rigorously evaluate the effectiveness of an expressive arts-based intervention in improving the mental health and well-being of newcomer women with lived experience of domestic violence. The HEAL Program integrates service delivery with research activities, allowing participant feedback to be collected seamlessly throughout the intervention. The accompanying diagram demonstrates how the evaluation cycle is embedded within and supports the overall program structure. To ensure the evaluation process is culturally responsive and trauma-informed, mixed-method surveys were developed collaboratively with partner organizations and program participants. Because service providers have established trusting relationships with participants, they are best positioned to administer the surveys. All facilitator teams receive comprehensive training to ensure the ethical, consistent, and sensitive collection of participant feedback.



Eligibility:

- Must be a survivor or gender based domestic violence
- 18m+ years in older
- Identify as a newcomer (immigrant, refugee, & asylum seeker, born outside Canada)
- Able to commit to program
- Open to engaging in feedback

← **Ongoing trauma informed practice is implemented throughout the process of data collection.** →

NOTES: Create safe and trusting environment by being transparent, ensure informed choice and autonomy, use accessible language, respect confidentiality and privacy, let participants set the pace, leverage trusting relationship, adapt approaches to cultural contexts, and allow different options for data collection.

<p>Qualitative follow-up call (e.g. phone, virtually or in person) assess the impact of the program after 3 months end of program. Measures adoption of program learnings and vulnerability of participants.</p>	<p>In person group assess impact of the program after 6 months end of program. Measures adoption of knowledge, attitudes, and behaviour changes.</p>
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