

The **In-Program Participant Survey** assesses participants' satisfaction with the various arts activities offered throughout the HEAL program. It helps ensure the program remains responsive to the group's evolving needs and experiences. The survey allows for collective reflection while maintaining participant anonymity.

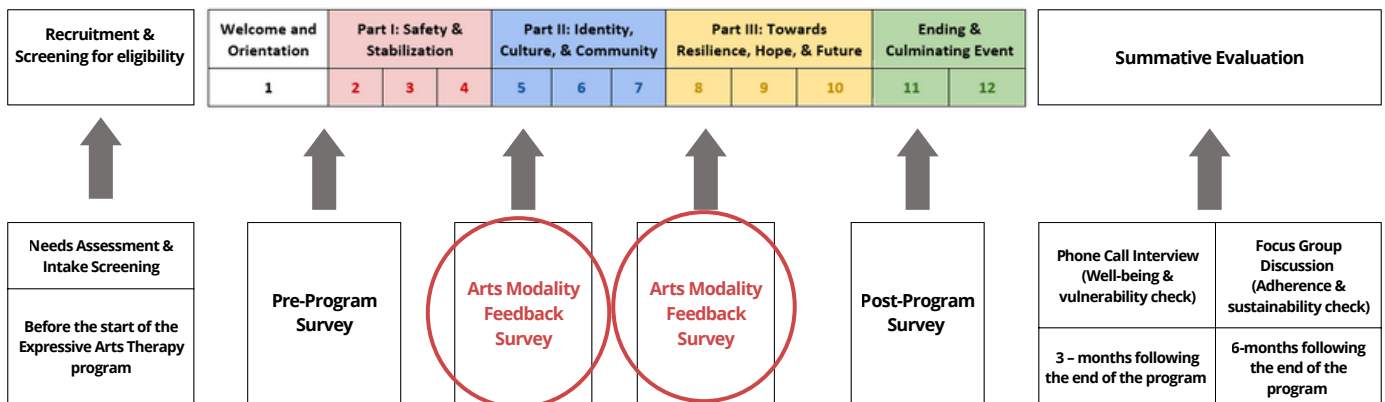
The survey is conducted twice during the program, at the end of each arts activity series (e.g., visual arts, music). Implementation is by a peer researcher, trained placement student, or volunteer, with interpreters provided as needed.

Key Themes: Effective Expressive Art Therapy, Adopting Art Activities

Special Considerations

- Not all participants will be comfortable with movement-based activities, offer flexible formats to allow participants to options.
- Some participants may face challenges with reading or writing. Offer individualized support clarifying questions or transcribing responses onto paper.
- If translations of survey questions are required, be sure they are reviewed by a native speak and that the language is simple, clear, and culturally relevant.

Program & Evaluation Cycle



Reference: Access Alliance Multicultural Health and Community Services (2025). Tool: In Program Survey.

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This checklist serves as an initial guide for key considerations in delivering HEAL Program Arts modality Feedback survey. It is not an exhaustive list, but rather a tool to spark dialogue and support individuals and organizations in developing or enhancing program evaluation efforts.

Preparation Phase

- Identify tool implementors, onboard team to survey method and group facilitation approach.
- Set up activity by sticking large flip chart paper on the walls around program space. Ensure participants are able to write feedback on paper.
- Let participants know they can respond in writing, through painting, or using symbols, and that participation is entirely voluntary.
- Book an interpreter as needed for participants needing language supports.

Materials

- Flip Chart Paper
- Large Markers
- Other writing utensils
- Wall space

While this checklist provides a helpful starting point, tailor this tool to meet the diverse needs of your community participants. Adopt and make this tool relevant to your context. Reflect and learn together.

Implementation Phase

- Begin session with a movement activity to set the tone of the survey, movement. Use a positive and supportive tone to introduce the activity to participants. Help them feel at ease and minimize any survey fatigue.
- Clarify this is a guided group activity and explain the process clearly to participants. Give participants a full 10-minutes to reflect and respond to each questions.
- If needed, encourage breaks or give gentle reminders to keep the group moving at a comfortable pace throughout the room. Gently encourage participants to express their thoughts creatively.
- Use the survey guide to begin 1) introduce the activity 2) reflect on group responses 3) guide group discussion 4) conclusion.
- Once activity and discussion has been completed, thank participants for their engagement in the activity and for providing feedback.

Wrap Up Phase

- Following the end of the activity, remind participants they can add to the large chart papers throughout the session, at break time, and at the end of the session,.
- Collect the large chart paper at end of session, digitize and transcribe responses.
- Conduct a facilitator debrief to discuss the challenges and points of growth for implementing the survey. What do we want to continue implementing? What are areas of growth? How can we make the tools more accessible for participants? Any questions or comments?

TOOL : In Program Survey

Survey Implementation Guide

1. Lay out five large papers on the table. One reflection question will be written on each of the large papers.

2. Introduce the activity:

As we wrap up our sessions on [insert name of current art modality] and move onto the next one, we want to take some time to reflect on how you felt using this modality and what your experiences of the [insert in program name] are so far. There are five large sheets of paper with five different questions. Take some time to walk around and answer each question on the paper. Your responses are anonymous and you can take your time to answer the questions in any order. [play nature sounds to set a calming atmosphere] You will have 10 minutes. Once the 10 minutes are complete, we will observe some of the responses. These responses help us gain knowledge on how the program is feeling for you and how we can make it better.

3. Invite participants to move around the room reflecting on each of the questions written on the large pieces of paper.

4. Invite participants to use a marker, oil or soft pastel to write, or illustrate their responses to each question for 10 minutes.

5. Following 10 minutes, the facilitator observes and reads the response of other participants to prompt group discussions. No names are written to ensure confidentiality and anonymity.

6. Facilitators can help to guide the discussion by moving through each question and their charted responses, encouraging participants to elaborate and discuss similarities and differences.

7. A note taker can add the additional points raised during discussion to the respective charts. The activity ends with a final concluding summary by the facilitator.

8. Thank participants for engaging in the activity and for providing feedback to the [insert program name]. Responses are collected at the end of the session by the peer researcher to be transcribed and used as data to be analyzed

TOOL : In Program Qualitative Survey

In Program Survey Questions

Question	Alternative Rephrased Question
Did you feel comfortable expressing yourself using art modalities? • Why or why not?	How did you feel expressing yourself in the program?
How have you been incorporating the coping strategies you learned into your everyday life?	How can you use what you have learnt in the program in your daily life?
What is something you learned and would like to continue engaging in?	Which art activity would you like to see more of in the program?
Did the art activities meet your expectations? What could we do better next time?	Were the art activities exactly how you expected them to be? What could be improved?
What would you like the facilitators to know moving forwards?	Any suggestions or comments to the facilitators?

